How to Administer Intranasal Naloxone*

Confirm overdose. Ensure 911 has been called and EMS is on the way.



Open the medication package and peel back the tab to open it.



Hold the naloxone with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Gently insert the tip of the nozzle into one nostril until your fingers are against the bottom of the nose.



Press the plunger firmly to give the entire dose into one nostril.

*Administration steps for intranasal naloxone options follow the same stepped process. For demonstration purposes, stepby-step instructions for the Emergent, NARCAN intranasal spray are presented.